Cheese and Chive Dip

Ingredients

75g mayonnaise

75g fat free plain yoghurt

50g grated cheese

2 garlic cloves

Handful of chives

2 spring onions

Salt

Pepper

Utensils

Scales

Wooden spoon

Bowl

Scissors

Garlic press

Cheese grater

Knife

Chopping board

Method

Weigh the mayonnaise and yoghurt and put both into a bowl. Grate the cheese and add that to the mixture.

Cut the ends off the garlic and peel it. Using the garlic press crush it into the bowl, removing what is on the press with the knife. Cut the ends off the spring onions, slice the white part thinly, and add those to the bowl

Hold the chives tightly and very carefully snip them as thinly as possible into the bowl.

Add a splash of lemon juice and a pinch of salt pepper and mix well.

Store in the fridge.