Progression of skills and knowledge in Physical Education – Invasion Games

Foundation Stage

Negotiate space and obstacles safely, with consideration for themselves and others. (Gross motor skills)
Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. (Gross motor skills)
Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. (Self regulation)
Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. (Managing self)
Explain the reasons for rules, know right from wrong and try to behave accordingly. (Managing self)
Work and play cooperatively and take turns with others. (Building relationships)

Y1/2

I know that using simple tactics, like moving to defend a goal, will make it difficult for opponents.
I know that showing good awareness of others when playing games helps keep everyone safe.
I know that there are rules of the game to follow.(Y1)
I understand some rules of the game.
I can follow rules of a game. (Y2)
I know that there are attackers and defenders in games, and I can identify them.
I know when to recognise space in games and use it to gain an advantage.
I know when and where to run, showing good awareness of others.
I know some simple plans that can create success, eg where to stand to make it difficult for an opponent.
I know when to use simple tactics in game situations, such as deciding when to pass and when to run.
I can use hitting or kicking during a game. (Y2)
I know how to move a ball in different ways.
I know how to kick a ball. (Y1)
I know how to show basic ball control when sending an object to a target, catching, gathering, and rolling.
I know how to play in a safe way, showing good awareness of others.
I know how to stop/ catch a ball.
I know how to control the ball using basic actions.
I know how to move fluently: changing direction and speed, with and without a ball and avoiding collisions.
I know how to shoot to a target or goal.
I know how to defend between ball and target.
I know how to run, jump, balance, hop, leap, and skip.
I know how to improve movement skills whilst moving with the ball in two hands, progressing to beating a defender (tag rugby)
I know how to tag and begin tagging players in game situations (tag rugby).

Y3/4

I know that taking up certain spaces/positions can make it difficult for opponents.
I know that finding and using space in game situations can achieve success.
I know that tactics play a role in games.
I know that there are rules in games that need to be followed.
I know and use rules fairly. (Y3)
I know the importance of speed when playing invasion games.
I know that decision making can influence success when choosing skills to meet the needs of the situation.
I know, in game situations, when to use a range of tactics to help keep possession of the ball.
I know when to apply basic attacking and defending principles: finding space (attacking), challenge a player in possession (defending.)
I know when to employ simple tactics in game situations.
I know when to set moves that can be used in attacking play.

I know when to adapt techniques and tactics to keep possession of the ball and give you a chance to shoot or score.
I know when to choose space/positions where you can receive a pass or to support a teammate.
I know when to choose a certain pass to keep possession.
I know how to move the ball keeping it under control whilst changing direction.
I know how to pass, shoot, and receive a ball with increasing accuracy, control, and success.
I know how to pass in different ways eg high, low, fast, slow.
I know how to work well as part of a team.
I know how to shoot/score with some accuracy.
I know how to receive a ball under control.
I know how to challenge a player in possession of the ball.
I know how to get into good positions to pass and receive the ball.
I can use space for a purpose. (Y3)
I know how to pass the ball using different techniques.
I can throw and catch with control. (Y3)
I can run at different speeds, including changing direction. (Y3)
I can include change of speed and direction when playing games. (Y4)
I know how to move forward to attack as part of a team: running in a line (tag rugby).
I know how to work as part of a team when defending, keeping in a line, and spreading out (tag rugby).

<u>Y5/6</u>
I know that working well as part of a team will contribute to success.
I know that to using different skills will help keep possession of the ball.
I know that tactics can help keep possession of the ball.
I understand the positions in a team and the roles they play.
I know that there are different ways to defend individually and as a team.
I know that there are different ways to attack individually and as a team
I know that there are defensive duties in tag rugby and the process of tagging (tag rugby).
I understand to importance of keeping in a line in both attacking and defending plays (tag rugby).
I know when to choose formations that suit the game and make amendments ensuring everyone has a role to play.
I know when to apply principles for attacking.
I know when to adapt games and activities making sure everyone has a role to play.
I know when to keep possession of the ball when faced with opponents.
I know when to use the defending principles in game situations, including marking, tracking, and covering, to gain possession.
I know when and what tactics to use in games to achieve success as a team.
I can use simple tactics within a group situation. (Y6)
I consider the best way to score and win the game, remembering to find and use space when running.
I know how to keep good control when performing skills at speed.
I know how to perform skills (eg passing) with accuracy, confidence, and control, and increasing speed.
I can pass in different ways. (Y5)
I can pass, dribble and shoot with a ball. (Y5)
I know how to confidently change speed and direction to get away from a defender.
I know how to keep possession of the ball when faced with opponents.
I know how to combine and perform skills with control, adapting them to meet the needs of the situation.
I know how to work effectively as part of a team.
I know how to participate in competitive games, modified where appropriate.